

fresh deals

SEP 21 - SEP 27, 2022*

In-season favorite



2.99 /lb.

**Organic SweetTango or
Honeycrisp Apples**
Incredibly crisp and juicy



18.99

**Thousand Hills
Bottom Round or Rump Roast**
100% grass-fed beef
24 oz.



2/\$7

**Driscoll's
Organic Blueberries**
Perfectly tart and sweet
1 pint



9.99 /lb.

**Smart Chicken
Organic Boneless
Skinless Breasts**
No antibiotics ever



5.49 /lb.

**Rochdale
Whole Milk
Mozzarella Shreds
or Block**
rGBH free



*Sales good while supplies last.

732 N 4th St, Virginia • www.naturalharvest.coop | Open M-F 8am-7pm, Sa-Su 9am-6pm

NATURAL HARVEST
Locally owned, organically grown. **FOOD CO-OP**