

fresh deals

MAY 11 - MAY 17, 2022*

Don't forget the dressing!



2/\$6

Organic Packaged Salad Greens

Make a side salad
4.5 oz.



3.99/lb.

**Smart Chicken
Organic Whole Chicken**

No antibiotics ever



2/\$5

Organic Grape Tomatoes

Delicious and healthy snack
1 pint

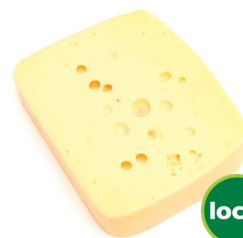


local

11.99

**Thousand Hills
New York
Strip Steak**

100% grass-fed beef
8 oz.



local

7.49/lb.

**Rochdale
Baby Swiss Cheese**
r-GBH free

*Sales good while supplies last.

732 N 4th St, Virginia • www.naturalharvest.coop | Open M-F 8am-7pm, Sa-Su 9am-6pm

NATURAL HARVEST
Locally owned, organically grown. **FOOD CO-OP**