



owner deals



Jan. 2 - Jan. 29 · Save Up To 20%



\$4.79

Carr Valley
Applewood
Smoked Cheddar
Reg. \$5.99



\$4.79

Artisan
Lactose Free
Apollo's Gift Cheese
Reg. \$5.99



\$4.79

Lundberg
Organic Rice &
Quinoa Bowls
Reg. \$5.99



\$5.99

Passport
Ahi Tuna
Poke Kits
Reg. \$7.99



\$4.99

Chameleon
Organic Cold
Brew Coffee
Reg. \$6.99



\$5.99

Fierce Ferments
Sauerkraut
All Varieties
Reg. \$7.99



\$8.79

Fierce
Ferments
Kim Chi
Reg. \$10.99



\$2.99

Tapuat
Kombucha
All Varieties
*Excludes CBD
Reg. \$3.69



\$2.99

True Made
Veggie Ketchup,
Sriracha, & BBQ
Sauces
Reg. \$3.99



\$13.99/lb.

Manitoba
Harvest
Bulk Hemp Hearts,
Raw & Shelled
Reg. \$17.99/lb.



\$2.69/lb.

Woodland Foods
Bulk Autumn
Lentil Blend
Reg. \$3.49/lb.



\$11.99/lb.

Woodland Foods
Bulk Ground Sumac
w/ Salt
Reg. \$14.99/lb.



\$18.99

Nature's Way
Activated
Charcoal 800mg.
2oz.
Reg. \$22.99



\$28.29

Natural Harvest
Ultra Proteo-Zimes
Enteric Coated 100ct.
Reg. \$33.29



\$22.99

Plant Fusion
Plant Protein
Complete 1lb.
Reg. \$26.99



\$4.99

Derma E
Lavender Neroli
Hand Lotion 2oz.
Reg. \$7.99



\$1.99

So Fresh
Children's Flossing
Toothbrush
*while supplies last
Reg. \$2.99



\$3.99

Sage Spirit
Smudge Sticks
*excludes white sage
Reg. \$4.99