



coop™ basics

More ways to save with Co+op Basics!

Looking to stretch your grocery budget?

Our Co+op Basics program will help you do just that! Co+op Basics offers everyday low prices on over 200 popular grocery and household items. You'll find low prices EVERYDAY in every aisle.

We're committed to helping you fill your pantry affordably without skimping on quality. Just look for the Co+op Basics signs throughout the store.



Our Co+op Basics prices are as LOW as we can go so Owner discounts, special order discounts, and staff discounts do not apply to these items.

Look for products like these and more!



coop™ basics

GROCERY

- FIELD DAY** Organic Cereals
- FIELD DAY** Peanut Butters
- FIELD DAY** Organic Fruit Spreads
- FIELD DAY** Ketchup & Mustard
- FIELD DAY** Organic Crackers
- FIELD DAY** Organic Cookies
- FIELD DAY** Organic Macaroni & Cheese
- FIELD DAY** Organic Pasta Sauces
- FIELD DAY** Organic Pastas
- FIELD DAY** Organic Gluten-Free Pastas
- FIELD DAY** Organic Broths
- FIELD DAY** Organic Snack Bars
- CLIF & LUNA** Snack Bars
- FIELD DAY** Organic Fruit Snacks
- FIELD DAY** Organic Salsas
- GARDEN OF EATIN'** Tortilla Chips
- FIELD DAY** Organic Fruit Cups
- FIELD DAY** Canned Tuna & Skipjack
- FIELD DAY** Organic Canned Tomatoes
- FIELD DAY** Organic Applesauce
- FIELD DAY** Juices
- FIELD DAY** Canned Vegetables
- FIELD DAY** Canned Beans
- FIELD DAY** Olives
- FIELD DAY** Sparkling Water

- FIELD DAY** Organic Coconut Milk
- FIELD DAY** Organic Instant Oatmeal
- FIELD DAY** Organic Apple Cider Vinegar
- FIELD DAY** Organic Extra Virgin Olive Oil
- FIELD DAY** Canola Oil
- FIELD DAY** Coconut Oil
- FIELD DAY** Organic Salad Dressings
- EQUAL EXCHANGE** Love Buzz Coffee

REFRIGERATED

- SILK** Almond Milk
- NUMI** Teas
- ORGANIC VALLEY** Milks
- WESTBY** Butter

FROZEN

- CASCADIAN FARMS** Frozen Fruit Select Varieties
- WYMAN'S** Frozen Fruit
- UDI'S** Gluten-Free Bread Select Varieties
- APPLEGATE** Organic Chicken Strips

MEAT

- THOUSAND HILLS** Ground Beef, 80/20
- JUST BARE** Chicken

DELI

- JUST BARE** Roasted Chicken

PRODUCE

- Organic Bananas
- Organic Celery
- Organic Baby Carrots
- Organic Gala Apples, Bagged
- Organic Butternut Squash
- Organic Green Peppers
- Organic Romaine Hearts
- Organic White Button Mushrooms

BULK

- | | |
|---------|--------|
| Peanuts | Beans |
| Flour | Pasta |
| Sugar | Spices |
| Popcorn | Coffee |
| Rice | Oats |

BREAD & CHEESE

- RUDI'S** Bread, Select Varieties
- SILVER HILLS** Bread, Select Varieties
- CANYON** Bread & Bagels
- RUMIANO** Medium Cheddar Slices

WELLNESS

- SEVENTH GENERATION** Tampons & Pads
- SEVENTH GENERATION** Diapers
- ALAFFIA** Shampoo & Conditioner
- ALAFFIA** Body Wash & Lotion

*Some products not listed



Don't forget to take advantage of these other great ways to save when shopping the Co-op:

Co+op Deals: Our biweekly flyer focused on packaged grocery.

Fresh Deals: Our weekly flyer focused on fresh produce.

Owner Deals: Ownership has its perks; inquire about Owner benefits today!

Shopping in Bulk: Save when buying just what you need; buy a pinch or a pound.

EVERYDAY Low Prices...

