# OWNER DEALS

NATURAL HARVEST
Locally owned, organically grown. FOOD CO-OP

# MAY 2 - MAY 30

| GROCERY | REG. PRICE | SALE PRICE | OWNERS SAVE |
|---|---|---|---|
| HEALTH-ADE KOMBUCHA, ALL VARITIES | $4.39 | **$3.69** | **$0.70** |
| GERHARD'S ORIGINAL BRATWURST | $7.99 | **$6.79** | **$1.20** |
| GERHARD'S SMOKED BRATWURST | $7.99 | **$6.79** | **$1.20** |
| GERHARD'S KASEWURST | $7.99 | **$6.79** | **$1.20** |
| GLUTINO TOASTER PASTRIES, GLUTEN FREE | $5.99 | **$4.99** | **$1.00** |
| NAPA VALLEY GRAPESEED OIL 25.4 OZ | $11.99 | **$9.99** | **$2.00** |
| **BULK** | | | |
| Cajun Seasoning- Salt Free | $15.89/lb | **$12.79/lb** | **$3.10/lb** |
| Organic Jamaican Jerk Seasoning | $13.89/lb | **$11.19/lb** | **$2.70/lb** |
| Spanish Paprika- Smoked | $23.99/lb | **$19.19/lb** | **$4.80/lb** |
| All Seasons Salt | $3.99/lb | **$3.19/lb** | **$0.80/lb** |
| Organic Cranberry Harvest Mix | $10.99/lb | **$8.79/lb** | **$2.20/lb** |
| Hokey Pokey Mix | $9.99/lb | **$7.99/lb** | **$2.00/lb** |
| Deluxe Mix Nuts -Roasted & Salted | $12.99/lb | **$10.39/lb** | **$2.60/lb** |
| Organic Filberts (Hazelnuts) | $12.49/lb | **$9.99/lb** | **$2.50/lb** |
| Active Dry Bakers Yeast | $4.39/lb | **$3.49/lb** | **$0.90/lb** |
| **WELLNESS** | | | |
| Natural Harvest Blood Pressure Support 90 ct | $22.99 | **$17.29** | **$5.70** |
| Natural Harvest Vita-Min 75 I/F 30 ct | $12.99 | **$9.79** | **$3.20** |
| Positive Power Super Silica 4 oz | $45.99 | **$34.49** | **$11.50** |
| Trace Minerals Concentrace Minerals 0.05 oz | $5.99 | **$3.99** | **$2.00** |
| Alba Antibug Spray Deet-Free 4 oz | $15.99 | **$13.49** | **$2.50** |
| All Terrain Kid's Herbal Armor Spray 4 oz | $10.99 | **$7.99** | **$3.00** |
| JR Liggett's Old Fashioned Shampoo Bar 3.5 oz | $6.99 | **$5.49** | **$1.50** |
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